

Monday
Tuesday
Wednesday
Thursday
Friday

All meals are served with
the choice of
1% white milk or nonfat
chocolate milk.

1
2
3
4
7
8
9
10
11
14
15
16
17
18

Mini Pancakes
Benefit Bar
Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

Fresh Baked Cinnamon Roll
Benefit Bar
Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

Pancake Wrap
Benefit Bar

21

Mini Cinnis
Benefit Bar

22

Breakfast Pizza
Benefit Bar

23

French Toast
Benefit Bar

24

Fresh Baked Cinnamon Roll
Benefit Bar

25

Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

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Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
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Variety of Fruit & Juice

Assorted Muffins
Benefit Bar

28

Buttermilk Bar
Benefit Bar

29

Bagel Mini Strawberry Creamy Cheese
Filled
Benefit Bar

30

Parfait and Graham
Benefit Bar

31

Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

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Variety of Fruit & Juice

Please be advised – All menus are subject to change without notice due to ongoing nationwide food supply shortages and product unavailability. We will continue our best efforts to serve our students with the best products available.

We appreciate your patience and understanding as we work with our distributors to navigate through the shortages.

USDA is an equal opportunity provider, employer, and lender.



AUGUST 2023

RIVERSIDE MEADOWS SCHOOL

Questions or concerns
Contact Nutrition Services
(530) 743-4428 or
mdelong@plUSD.org

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Thursday

Friday

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the choice of
1% white milk or nonfat
chocolate milk.

1

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21

22

23

24

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Domino's Smart Slice Cheese
or Pepperoni Pizza
Caesar Salad – Baby Carrots
Variety of Fresh Fruit
Chocolate Chip Cookie

Chicken Sandwich
Soft Pretzel w/ Cheese
or Chef Salad
Broccoli – Salad - Carrots
Variety of Fresh Fruit
Ice Cream Cup

Nachos
or Bean & Cheese Nachos
or Chef Salad
Steamed Corn
Cauliflower – Salad - Carrots
Variety of Fresh Fruit
Fruit Roll Up

Chicken Nuggets or
Grilled Cheese or Chef Salad
Tater Tots
Cucumber Sticks – Salad - Carrots
Variety of Fresh Fruit
Scooby Snacks

Beef Taco Stick or
Cheese Quesadilla
or Chef Salad
Black Beans
Seasoned Jicama – Salad - Carrots
Variety of Fresh Fruit
Goldfish Crackers

28

29

30

31

Domino's Smart Slice Cheese
or Pepperoni Pizza
Caesar Salad – Baby Carrots
Variety of Fresh Fruit
Chocolate Chip Cookie

Teriyaki Chicken Bowl or
Black Bean Rice Bowl
or Chef Salad
Stir Fry Veggies
Broccoli – Salad - Carrots
Variety of Fresh Fruit

Pizza Pocket
or Cheese Calzone
or Chef Salad
Green Beans
Cauliflower – Salad - Carrots
Variety of Fresh Fruit
Fruit Roll Up

Hamburger or
Grilled Cheese or Chef Salad
Baked Beans
Cucumber Sticks – Salad - Carrots
Variety of Fresh Fruit
Chips

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